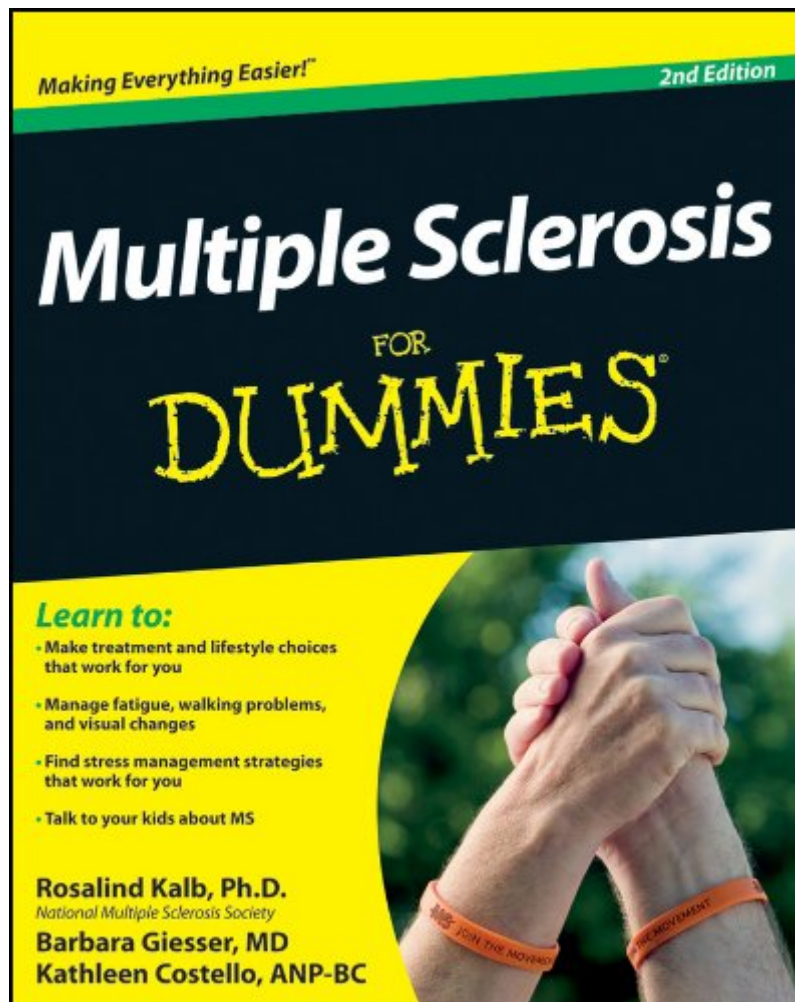


The book was found

Multiple Sclerosis For Dummies



Synopsis

Your trusted, compassionate guide to living with MS Being diagnosed with multiple sclerosis (MS) doesn't mean your life is over. Everyone's MS is different and no one can predict exactly what yours will be like. The fact is, lots of people live their lives with MS without making a full-time job of it. Multiple Sclerosis For Dummies gives you accessible, easy-to-understand information about what happens with MS—what kinds of symptoms it can cause, how it can affect your life at home and at work, what you can do to feel and function better, and how you can protect yourself and your family against the long-term unpredictability of the disease. You'll learn how to make treatment and lifestyle choices that work for you, what qualities to look for in a neurologist and the rest of your healthcare team, how to manage fatigue, the pros and cons of alternative medicine, why and how to talk to your kids about MS, stress management strategies, your rights under the Americans with Disabilities act, and so much more. Covers major medical breakthroughs that slow the progression of the disease and improve quality of life for those living with MS Helps those affected by MS and their family members understand the disease and the latest treatment options Helpful and trusted advice on coping with physical, mental, emotional, and financial aspects of MS Complete with listings of valuable resources such as other books, websites, and community agencies and organizations that you can tap for information or assistance, Multiple Sclerosis For Dummies gives you everything you need to make educated choices and comfortable decisions about living with MS.

Book Information

File Size: 2992 KB

Print Length: 384 pages

Publisher: For Dummies; 2 edition (April 4, 2012)

Publication Date: April 4, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B007SIFHNW

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #257,679 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #6 in Kindle

Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Multiple Sclerosis #49 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Multiple Sclerosis #57 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Musculoskeletal Diseases

Customer Reviews

I bought the updated version of this book because I bought the older version when I was originally diagnosed. I was looking for new information. I still pull out the book to look for answers for various things going on with my body. I often wonder if something going on is MS related or non MS related. The newer book does have new information. Since I bought the first one, there has been headway made in research and medicine development. Great book for the newly diagnosed, or even someone who's been diagnosed for a while.

It was kinda scary. I was diagnosed 3 months ago with MS. That was the 3rd For Dummies book I've read. I am 55 yrs old and still feel I have a lot of life to live. I may have MS but MS doesn't have me.

This book helped answer many of the questions we had about MS. I would highly recommend to anyone that has MS or a family member with MS.

a family member has the disease recently diagnosed.....all the scary stories you hear..well this is the "real deal" in explaining the disease and the different types ..a great reference! This is one book used by the MS Society.

Recently diagnosed with multiple sclerosis, my daughter was given a copy of Multiple Sclerosis For Dummies at the clinic. I purchased the book to learn more about the disease she is enduring and, the issues and, problems she is encountering in her every day life. As she lives in Alaska and, I live in Missouri this book has become a connection between us. I am extremely grateful to have the enormous wealth of information contained within and, I believe it will assist her in holding fast the confidence and, pride in herself she always maintained. The book is well written by professionals with advisement from experts in multiple related fields. It is all inclusive of the many facets of this unique accumulation of difficulties related to the disease, addressing each issue as a possibility and, sometimes a probability of what the holder is dealing with in each particular situation or case.

Both factual and, well connected throughout by reference to other related information within, the book is the helping hand all multiple sclerosis patients would benefit from. This is a must have.

A "must have" book for those who have the disease as well as caregivers, family and friends. A great look at the progression, types and challenges in an easy to read and reference format.

I bought this book for my son who has MS. He has had it for 10 years. He needed information on how the disease progresses. He told me this book is for someone who is newly diagnosed. He said it is OK but it was too basic for what he wanted. So for anyone who is newly diagnosed it is a very good book.

Very well written. Great book for those newly diagnosed and just as important for their family members. It's a very unpredictable disease. I purchased this for a family member who still doesn't understand why you can have changes from one day to the next. Even though I have been diagnosed over 20 years. I added that last info for those with any connection to MS. It's not a death sentence and you can to some extent affect your progression.

[Download to continue reading...](#)

Multiple Sclerosis: Simple Changes to Help You Manage Your Multiple Sclerosis Multiple Sclerosis For Dummies Healing Multiple Sclerosis: Diet, Detox & Nutritional Makeover for Total Recovery, New Revised Edition A Practical Guide to Fecal Transplants: A Revolutionary Approach to C. Difficile, Ulcerative Colitis, Crohn's Disease, Dysbiosis, Multiple Sclerosis & More! Herbs and Nutrients for Neurologic Disorders: Treatment Strategies for Alzheimer's, Parkinson's, Stroke, Multiple Sclerosis, Migraine, and Seizures What is a Probiotic, Probiotics against Obesity, Colon Cancer, Inflammatory Bowel Disease, Heart Disease, Multiple Sclerosis, Weight Loss, Cholesterol, Diabetes and Autism. Digestive Wellness Exercises for Multiple Sclerosis: A Safe and Effective Program to Fight Fatigue, Build Strength, and Improve Balance Why Is There No Multiple Sclerosis At The Equator? How Brazilian Doctors Are Curing Ms With High-Dose D3 Autoimmune Disease: Discover The Symptoms & Treatment of Chronic Pain & Genetic Disease (Musculoskeletal, Anti Inflammatory, Arthritis, Fibromyalgia, Multiple Sclerosis, Symptoms, Celiac Book 1) MS: Something Can Be Done and You Can Do It : A New Approach to Understanding and Managing Multiple Sclerosis Live Your Life, Not Your Diagnosis: How to Manage Stress and Live Well with Multiple Sclerosis Healing Multiple Sclerosis, New Revised Edition Diet, Detox & Nutritional Makeover for Total Recovery Multiple Sclerosis Optimal Health with Multiple Sclerosis: A Guide to Integrating

Lifestyle, Alternative, and Conventional Medicine The Multiple Sclerosis Diet Book: A Low-Fat Diet for the Treatment of M.S., Revised and Expanded Edition IS IT LEAKY GUT OR LEAKY GUT SYNDROME: Clean Gut, Allergies, Fatty Liver, Autoimmune Diseases, Fibromyalgia, Multiple Sclerosis, Autism, Psoriasis, Diabetes, ... & More (Digestive Wellness Book 2) Multiple Sclerosis: Understanding the Cognitive Challenges My Mom Has Multiple Sclerosis: Gail Explains MS to Kids MS - Living Symptom Free: The True Story of an MS Patient: A Guide on How to Eat Properly and Live a Healthy Life while Controlling, Reducing, and Eliminating the Symptoms of Multiple Sclerosis Multiple Sclerosis and (lots of) Vitamin D: My Eight-Year Treatment with The Coimbra Protocol for Autoimmune Diseases

[Dmca](#)